



FOOD BOXES

A RAK Louisville Project

www.raklouisville.com

There are many people in our city who are in need of food boxes - especially when they transition to housing. This project is to help them for a few months. The boxes are distributed through other street outreach groups we work with.

This is just a guide to give you an idea of what to include. Please feel free to personalize and be creative and change it up if you need to. A card or anything else to personalize would be much appreciated as well.

Non-Perishable essentials

- 1 bag of potatoes
- 1 bag of rice
- 1 jar of peanut butter
- 1 jar of jam, jelly or honey
- 1 box of crackers
- Spaghetti sauce
- Package of thin spaghetti
- 2 cans of green beans, peas & corn
- 2 cans of peaches & pineapple
- 4 cans ravioli
- 4 cans of hearty soup
- Packages of ramen noodles
- 2 cans of tuna
- 1 jar of Mayo
- 6 boxes of Mac and Cheese
- Pudding or Jell-O cups
- Cookies

Fresh Food

We would appreciate you including a \$25 Kroger gift card with the box so we can purchase some fresh items for them when we are ready to deliver the box. Fresh items such as bread, milk, eggs, fruit and frozen meals.

Questions?

Please email us at raklouisville@gmail.com or Connect with us on Facebook.