

Daily Challenge 2018

23 Days of Kindness



Kick off RAK month by writing encouraging notes and putting them on 5 cars in any parking lot.

1

MAKE 10 HYGIENE PACKS FOR THE HOMELESS

Make a fun piece of artwork or doodle something. Or, pick something that you have already done. Send it to a grandparent just for fun.

6

Bring a breakfast treat to your teacher or co-worker

3

Have an indoor picnic today. Invite a friend or neighbor over to join you.

4

Buy some flowers and hand them out at a senior citizen's club or nursing home. Visit the residents!

5

Ding Dong Ditch Donuts to a neighbor!

9

Bring hot chocolate to a Salvation Army bell ringer. Sign up to ring the bell!

11

MAKE GOODY BAGS AND PASS THEM OUT IN YOUR NEIGHBORHOOD.

7

SEND SOMEONE YOU KNOW (WHO WOULD LOVE TO HEAR FROM YOU) A CARD OR HANDWRITTEN LETTER TODAY.

8

LOOK UP A FANCY MILKSHAKE RECIPE. INVITE A FRIEND OVER FOR A MILKSHAKE PARTY!

10

BRING SOME TREATS AND ENCOURAGING CARDS TO THE NEAREST FIRE STATION.

12

DO SOMETHING NICE AT SCHOOL OR WORK FOR SOMEONE WHO IS NOT YOUR FRIEND. IT COULD BE A KID IN YOUR CLASS, A TEACHER OR A CAFETERIA WORKER.

13

Bring a dozen donuts to school and hand them out to whoever wants a donut in the morning.

14

Pay for someone's meal or coffee in the Drive-Thru

20

Let's go ice-skating or to a movie. Think hard and invite someone who does not usually hang out with you. Here is a chance to make a new friend.

15

Leave a note, \$1 bill and you've been RAK'd card in your favorite book in the library.

16

COOK A MEAL OR MAKE DINNER FOR SOMEONE.

17

Look for a car that is in a parallel spot. Leave a note that says, "Great parking job" with a candy cane.

18

Leave quarters in the laundromat. Tape it to the washer.

21

Make a dinner basket with ingredients for a pasta meal and surprise someone with it. (Pasta, jar of sauce, brownie mix, bread, etc.)

22

RAK LOUISVILLE DAY!!!

Come up with a brilliant idea to show kindness to your city!

23

Donate canned soup to the Byck Elementary School neighborhood food pantry

19